

TRAINING

The food supplements regulation in Europe

Tuesday, December 1 and Wednesday, December 2, 2026 (2:00 pm – 5:30 pm)



This training focuses on enhancing food supplement regulatory knowledge in Europe and understanding the legal requirements for product development. It covers ingredient categorization, labeling rules, health claims, and practical case studies for compliance in different European countries. Interactive elements such as quizzes and workshops ensure participants can apply their knowledge effectively

Location	**Remote**
Date	**The two afternoons , December 1 and 2, 2026**
Time	**2:00 pm – 5:30 pm**
Trainer	**Julie Pasquet:** Regulatory Affairs and International Development Officer – Phinn® application **Michelle Liendze:** Scientific and Regulatory affairs officer
Price / Participant	**The two afternoons December 1 and 2, 2026: €805 excl. VAT (i.e. €966 incl. VAT)**

OBJECTIFS

- Validate your regulatory knowledge
- Understand the constraints
- Questions/Answers - Exchange and debate on the subject

PUBLIC

- Any person involved in the development and/or marketing process of food supplements (CEO, project manager, R&D, regulatory or marketing departments)

PREREQUISITES

- No particular prerequisites, the basics on the definition of a food supplement will be covered at the beginning of the training.

REGISTRATION

REGISTRATION FORM TO BE RETURNED TO
contact@pharmanager-development.com

PHARMANAGER development

TRAINING PROGRAMME

Attendees' connection

Presentations / Round table of everyone's expectations and objectives

I. The current food supplements regulation and the future evolutions

- Definitions
- The principle of mutual recognition
- Categories of ingredients and their legislation:
  - Vitamins and Minerals
  - Substances with nutritional and physiological purposes
  - Plants
  - Ingredients for technological purposes
- Regulation 1925/2006: What's new?
- Understanding the 3 risks:
  - Novel Food, Medicines, Safety
  - Requalification as a medicine.
  - Update on the new border doses

=> Quizzes, exercises: validate your knowledge

II. Practical cases: how to notify a food supplement?

- France
- Belgium
- Italy
- Luxembourg

III. Labelling of food supplements

- Reminder of the rules relating to general foodstuffs, and of the rules specific to food supplements: compound ingredients, nano, etc.
- Summary of the mentions to be affixed.
- Voluntary mentions: Vegan, Clean label, …
- Mention of origin: What changes since April 1, 2020? Can I create a unique European label?
- Practical cases

=> Quizzes, exercises: validate your knowledge

IV. Health claims

- Reminder of the regulatory framework: Definition, Scope of application.
- Authorized or pending: What room for maneuverin the wording? What can we really say? How to use them?

=> Quizzes, exercises: validate your knowledge

V. Recent and upcoming changes

- Update on the next changes to be apprehended



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TEACHING METHODS, MONITORING PROCEDURES, AND TRAINING EVALUATION METHODS

The training will be done through the Teams videoconference tool (a link will be sent to the participants before the training to access it). The training material will be presented (PowerPoint which will also be sent electronically), alternating presentations and discussions with the trainers. **An electronic version of the pedagogical documentation will be provided prior to the training so that the user can print or download it before the training begins.**

If any specific adjustments to the training are required, particularly due to a disability or special situation, please do not hesitate to inform us.
Before registering, please ensure that you have reviewed the training prerequisites and that the objectives align with your expectations. If needed, feel free to share your expectations with us ahead of the training.

Pharmanager Development reserves the right to cancel the training in the event of insufficient registrations. In such a case, participants will be informed at least 5 working days before the scheduled training date.

Company name: _____

Name of the signatory: _____

Intra-Community VAT number: _____

Training manager within the company (mandatory email): _____
(Default: person signing the training agreement)

PARTICIPANTS

Last name: .....
First name: .....
Position: .....
Email: .....

Last name: .....
First name: .....
Position: .....
Email: .....

Last name: .....
First name: .....
Position: .....
Email: .....

Individual expectations & objectives: .....
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TOTAL: **€ EXCL. VAT**

COMPANY NAME AND BILLING ADDRESS:

Date: *Signature*