TRAINING

« THE FOOD SUPPLEMENTS REGULATION IN EUROPE »

2 Afternoons : 01/12 et 02/12

This training focuses on enhancing food supplement regulatory knowledge in Europe and understanding the legal requirements for product development. It covers ingredient categorization, labeling rules, health claims, and practical case studies for compliance in different European countries. Interactive elements such as quizzes and workshops ensure participants can apply their knowledge effectively

01/12 et 02/12

Index 2025 achievement : 8.54/10
Index 2025 satisfaction : 8.25/10

The two afternoons June 1 and 2, 2026

- Validate your regulatory knowledge
- Understand the constraints
- Questions/Answers - Exchange and debate on the subject

Public

- Any person involved in the development and/or marketing process of food supplements (CEO, project manager, R&D, regulatory or marketing departments)

Prerequisites

- No particular prerequisites, the basics on the definition of a food supplement will be covered at the beginning of the training.

Level

No level required

Terms

Remote Training (Webinar)

Accessibility

If a specific adaptation is needed, particularly in relation to a disability, please do not hesitate to let us know.

The 2 afternoons of June 1 and 2, 2026 (2.00pm- 5.30pm)

Attendees' connection

Presentations / Round table of everyone's expections and objectives

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I. The current food supplements regulation and the future evolutions

– Definitions
– The principle of mutual recognition
– Categories of ingredients and their legislation:

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  - Vitamins and Minerals
  - Substances with nutritional and physiological purposes
  - Plants
  - Ingredients for technological purposes
- Regulation 1925/2006: What's new?
- Understanding the 3 risks:
  - Novel Food, Medicines, Safety
  - Requalification as a medicine.
  - Update on the new border doses

=> Quizzes, Q&A: validate your knowledge

II. Practical cases: how to notify a food supplement?

- France
- Belgium
- Italy
- Luxembourg

III. Labelling of food supplements

- Reminder of the rules relating to general foodstuffs, and of the rules specific to food supplements: compound ingredients, nano, etc.
- Summary of the mentions to be affixed.
- Voluntary mentions: Vegan, Clean label, ...
- Mention of origin: What changes since April 1, 2020? Can I create a unique European label?
- Practical cases

=> Quizzes, Q&A: validate your knowledge

IV. Health claims

- Reminder of the regulatory framework: Definition, Scope of application.
- Authorized or pending: What room for maneuverin the wording? What can we really say? How to use them?

=> Quizzes, Q&A: validate your knowledge

V. Recent and upcoming changes

- Update on the next changes to be apprehended

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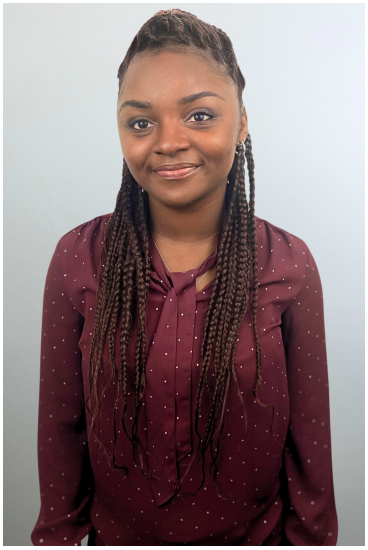
TRAINERS

Julie Pasquet

Sales Manager - Phinn® Application

13 years of experience



Michelle Liendze

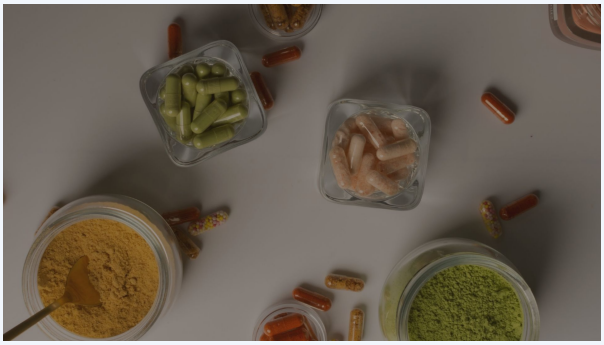
Scientific and Regulatory affairs officer.

5 years of experience

MEANS AND MODALITIES

The training will be done through the Teams videoconference tool (a link will be sent to the participants before the training to access it). The training material will be presented (PowerPointwhich will also be sent electronically), alternating presentations and discussions with the trainers. An electronic version of the pedagogical documentation will be provided prior to the training so that the user can print or download it before the training begins.

Evaluation of knowledge to be completed at the end of the online course. The trainee will receive a training certificate.



REGISTRATION FORM

« THE FOOD SUPPLEMENTS REGULATION IN EUROPE »

Company name:

Name of signatory:

Intracommunity VAT number:

Company Training Manager:

(email required - Otherwise: Person signing the training agreement)

PARTICIPANTS AND CHOICE OF SESSIONS

Name : .....
First name : .....
Function : .....
E-mail : .....

☐ The two afternoons December 1 and 2, 2026 - 805€HT soit 966€TTC

Name : .....
First name : .....
Function : .....
E-mail : .....

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If a particular adaptation of the training is necessary, linked in particular to a particular disability situation, do not hesitate to let us know.

Before registering, make sure you have read the training prerequisites and validate that the objectives are in line with expectations. Do not hesitate to let us know your expectations before the training if necessary.

Individual expectations and objectives:

Total : **€ tax ex.**

Name and address of the company to be invoiced:

Date :

Signature :

Pharmanager Development reserves the right to cancel the training in the event of insufficient registrations. In the event of cancellation, Pharmanager Development will notify participants at least 5 working days before the scheduled training date.

IMPORTANT: Our training courses are eligible for support by an OPCO. However, the invoice will be established and due by the participating company, in the amount of the training.

REGISTRATION FORM TO BE RETURNED TO
CONTACT@PHARMANAGER-DEVELOPMENT.COM

PHARMANAGER development