TRAINING

« THE FOOD SUPPLEMENTS REGULATION IN EUROPE »

This training focuses on enhancing food supplement regulatory knowledge in Europe and understanding the legal requirements for product development. It covers ingredient categorization, labeling rules, health claims, and practical case studies for compliance in different European countries. Interactive elements such as quizzes and workshops ensure participants can apply their knowledge effectively

Index 2024 achievement : 8/10
Index 2024 satisfaction : 8/10

Monday, 1st and Tuesday, 2nd December 2025

- Validate your regulatory knowledge.
- Understand the constraints
- Questions/Answers - Exchange and debate on the subject.

Public

- Any person involved in the development and/or marketing process of food supplements (CEO, project manager, R&D, regulatory or marketing departments)

Prerequisites

- No particular prerequisites, the basics on the definition of a food supplement will be covered at the beginning of the training.

Level

No level required

Terms

Remote Training (Webinar)

Accessibility

If a specific adaptation is needed, particularly in relation to a disability, please do not hesitate to let us know.

REGISTRATION FORM TO BE RETURNED TO
CONTACT@PHARMANAGER-DEVELOPMENT.COM

PHARMANAGER development

TRAINING

« THE FOOD SUPPLEMENTS REGULATION IN EUROPE »

Monday, 1st and Tuesday, 2nd December 2025 (2.00pm- 5.30pm)

- Attendees' connection
- Presentations / Round table of everyone's expections and objectives

The current food supplements regulation and the future evolutions

- Definitions
- The principle of mutual recognition
- Categories of ingredients and their legislation:
  – Vitamins and Minerals
  – Substances with nutritional and physiological purposes
  – Plants
  – Ingredients for technological purposes
- Regulation 1925/2006: What's new?
- Understanding the 3 risks:
  – Novel Food, Medicines, Safety
  – Requalification as a medicine.
  – Update on the new border doses

=> Quizzes, Q&A: validate your knowledge

Practical cases: how to notify a food supplement?

- France
- Belgium
- Italy
- Luxembourg

Labelling of food supplements

- Reminder of the rules relating to general foodstuffs, and of the rules specific to food supplements: compound ingredients, nano, etc.
- Summary of the mentions to be affixed.
- Voluntary mentions: Vegan, Clean label, ...
- Mention of origin: What changes since April 1, 2020? Can I create a unique European label?
- Practical cases

=> Quizzes, Q&A: validate your knowledge

Health claims

- Reminder of the regulatory framework: Definition, Scope of application.
- Authorized or pending: What room for maneuverin the wording? What can we really say? How to use them?

=> Quizzes, Q&A: validate your knowledge

Recent and upcoming changes

- Update on the next changes to be apprehended

TRAINING

« THE FOOD SUPPLEMENTS REGULATION IN EUROPE »

TRAINERS

Julie Pasquet

Sales Manager - Phinn® Application

12 years of experience

Michelle Liendze

Scientific and Regulatory affairs officer.

4 years of experience

MEANS AND MODALITIES

The training will be conducted via the Teams video conferencing tool (a link will be sent to participants before the session for access). The training material (PowerPoint) will be presented through a combination of lectures and discussions with the trainers. Educational documentation will be provided in electronic format. A knowledge assessment must be completed at the end of the training. A certificate of attendance will be issued.

REGISTRATION FORM

« THE FOOD SUPPLEMENTS REGULATION IN EUROPE »

Company name:

Name of signatory:

Intracommunity VAT number:

Company Training Manager:

(email required - Otherwise: Person signing the training agreement)

PARTICIPANTS AND CHOICE OF SESSIONS

Name : .....
First name : .....
Function : .....
E-mail : .....

Name : .....
First name : .....
Function : .....
E-mail : .....

Name : .....
First name : .....
Function : .....
E-mail : .....

If a particular adaptation of the training is necessary, linked in particular to a particular disability situation, do not hesitate to let us know.

Before registering, make sure you have read the training prerequisites and validate that the objectives are in line with expectations. Do not hesitate to let us know your expectations before the training if necessary.

Individual expectations and objectives:

Total : **€ tax ex.**

Name and address of the company to be invoiced:

Date :

Signature :

Pharmanager Development reserves the right to cancel the training in the event of insufficient registrations. In the event of cancellation, Pharmanager Development will notify participants at least 5 working days before the scheduled training date.

IMPORTANT: Our training courses are eligible for support by an OPCO. However, the invoice will be established and due by the participating company, in the amount of the training.

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